



The List of Best Foods for Men

Find the products mentioned in The Best Foods for Men

The Best of the Best: Our Top Picks

Best Premium Beef
Niman Ranch Steaks

Best Chocolate Bar
Collectively 7% Cacao

Best Grain
Bob's Red Mill Quinoa

Best Coffee
Intelligentsia's Berkley's Blend

Best Cheese
Cypress Grove Purple Haze Goat Cheese

Best All-Purpose Condiment
Roland's Pesto

Best Canned Vegetable
Muir Glen Fire-Roasted Tomatoes

Best Plain Yogurt
Fage 2%

Fruits and Vegetables

Best Frozen Vegetables
Bird's Eye Broccoli, Cauliflower, and Carrots

Best Bottled Vegetables
Reese Marinated Artichoke Hearts

Best Frozen Fruit
Dole Mixed Berries

Best Dried Fruit
Woodstock Farms Tropical Fruit Mix

Best Salad and Sandwich Topping
Roland Fire-Roasted Red Peppers

Best Fruit Spread
Dickinson's 100% Fruit, Strawberry

Best Flavor Enhancer
Huy Fong Sriracha

Best Hot Sauce
Frank's Red Hot

Best Creamy Salad Dressing
Drew's All-Natural Smoked Tomato

Best Vinaigrette
Annie's Natural Shiitake and Sesame

Best Olive
Reese Almond-Stuffed

Best Olive Oil
Colavita

Best Fruit Juice
POM Pomegranate Juice

Best O.J.
Tropicana, Calcium & Vitamin D

Best Marinade Ingredient
La Costena Chipotle Peppers

Best Soy Sauce
Kikkoman Lite

Dairy

Best Milk

Organic Valley

Best Sliced Cheese

Sargento Deli-Style Swiss

Best Snacking Cheese

Laughing Cow

Best Cottage Cheese

Breakstone's 2%

Best Sour Cream

Land O'Lakes

Best Eggs

Eggland's Best Omega-3 Enriched

Best Flavored Yogurt

Fage with Honey

Best Non-Milk Dairy Drink

Lifeway Kefir Strawberry

Best Cream Cheese

Kraft Philadelphia Neufchatel

Best Butter

Land O'Lakes Unsalted

Best Yogurt Smoothie

Stonyfield Farms Peach

Meat and Fish

Best Packaged Cold Cuts

Hormel Natural Choice Pre-Sliced Deli Meats

Best Deli Beef, Ham and Poultry Cold Cuts

Dietz and Watson

Best Bacon

Niman Ranch Applewood-Smoked Bacon

Best Hot Dog

Dietz and Watson Beef Franks

Best Breakfast and Dinner Sausage

Al Fresco Chicken Sausage

Best Frozen Fish Burger

Omega Foods Ahi Tuna

Best Canned Tuna

Wild Planet Wild Albacore Tuna

Best Chili

Hormel Chili with Turkey and Beans

Best Frozen Beef Dinner

Lean Cuisine Glazed Chicken

Best Broth

Pacific Natural Foods Organic Low-Sodium Chicken

Best Online Fish Purveyor

Wildedibles.com

Best Steak Sauce

Peter Luger

Best Barbecue Sauce

KC Masterpiece Original

Best Ketchup

Heinz Organic

Best Mustard

Gulden's Spicy

Best Bottled Marinade

Walkerswood Jerk

Grains

Best Bread

Berlin Natural Bakery Spelt Bread

Best Pasta

Bionaturae Organic Whole Wheat Penne Rigate

Best Rice

Uncle Ben's Fast & Natural Whole-Grain Instant Brown Rice

Best Bagel

Thomas' NY Style 100% Whole-Wheat Pizza Crust

Best English Muffin

Thomas' 100% Whole Wheat

Drinks and Snacks

The Best Beverages

Best Unsweetened Bottled Tea

Republic of Tea Darjeeling

Best Sweetened Bottled Tea

Snapple Green Tea Asian Pear

Best Beer

Stella Artois

Best Light Beer

Amstel Light

The MH Munchie Aisle

Best Salsa

Muir Glen Black Bean and Corn

Best Soup

Campbell's Healthy Request Minestrone

Best Peanut Butter

Crazy Richard's All-Natural

Best Hummus

Athenos Roasted Garlic

Best Pickle

Claussen New York Deli Half Sours

Best Nuts

Blue Diamond Jalapeno Smoke-house Almonds

Best Chip

Garden of Eatin' Black Bean Tortilla Chips

Best Cracker

Triscuit Cracked Pepper and Olive Oil

Best Beef Jerkey

American Grass Fed Beef Gourmet Beef Jerky

Best Trail Mix

Woodstock Farm Cape Cod Cranberry Mix

Best Vegetable Dip

Guiltless Gourmet Mild Black Bean

Best Protein Shake

Biotest Metabolic Drive Super Protein Shake

Best Popcorn

Bearitos Lightly Salted

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